
The Inside Scoop

Nov 2022

Issue #7

Latest HIS New and Updates by Megan Hamilton

Guest Writer – Sheila Kell

Welcome To Megan's newspaper

The Hamilton family and agents have much to offer us and many secrets. Megan Hamilton, investigative journalist, and wife to AJ Hamilton, has decided to start a newspaper to disclose those secrets.

Each newspaper will discuss a new book in my series based on the Hamilton Family, beginning with Jesse in HIS Desire.

Megan is a pseudonym for me and Helen McNabb, beta reader extraordinaire. We've concocted this newspaper to keep your love for HIS alive.

Expect old stuff, new stuff, and previously secret stuff. Interested in something? Send a note to the editor at the email below.

Now, sit back and enjoy. A new issue will be out soon!

Editor: Megan Hamilton

Guest writers: Sheila Kell, Helen McNabb, Kelly McKenzie

Publisher: Cunningham Publishing

Letters to the editor can be sent to sheila@sheilakell.com.



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Photo Caption: DepositPhotos.com

The scoop of the day

Service dog training by Sheila Kell

I haven't always been a cat lady. I used to be a dog person. Dottie was truly my Dalmatian. Over the years, the topic of service dogs has interested me. The chance to introduce a service dog and trainer into the series excited me. Little did I know there was more than one type of service dog. So, I did the research.

There are three types of service dogs – Service Dog, Emotional Support Dog, and Therapy Dog. I chose to go with a regular service dog defined as one that provides service to an individual with a disability like pulling a wheelchair, medical alert, PTSD, seizure alert, and more. I chose to use the military because, as a disabled veteran, I'm partial to veterans.

For further research, I met with a local training facility. They demonstrated some of the extensive training a dog goes through to be certified as a service companion. They said it could take upwards of \$50,000 to train a dog once you incorporate boarding, food, training, etc. To keep the price down for the disabled handler, the organization lives on charitable donations. This is the case for most service animal organizations, so when you're looking for a place to spend your disposable income, think of how you can help someone who gave a lot more than their time to our country.

Until next time....

Quote of the Day

Life is either a great adventure or nothing – Helen Keller

Quiz of the Day

Who inherited a Radio Company?

Answers:
Kate did – Ross Communications

Tattler of the Day

Amber tattled on Ace because he said a bad word.
Mind, Ace is only a year old and is baby talking.

Megan Hamilton

The books based on the Hamilton family and agents

My interview with the author

As odd as it is to read books based on your life, it was even more odd to interview the author as we'd spent months with her interviewing us for our books. Now that the tables have turned, I'm ready to dig into her life.

Megan: Have you ever broken a bone as a child?

Sheila: Not as a child, but as an adult, I broke my finger playing volleyball.

Megan: What is your favorite book series?

Sheila: It used to be Harry Potter until Outlander came out, now Jamie wins.

Megan: What is your favorite movie?

Sheila: Thor – he's so hot!

Megan: Who is your favorite actor/actress?

Sheila: Chris Hemsworth, of course.

Megan: Who is your favorite band?

Sheila: It's a toss-up between U2 and Green Day. I lean to Green Day.

Megan: What is your favorite food?

Sheila: Duh, tacos.

Megan: Have you ever been married?

Sheila: Yes, I tried it three times. It didn't work out.

Megan: Do you have children?

Sheila: No, unless I can count my cats.

Megan: How many cats do you have?

Sheila: Now, I have three. In the past, I've had more because I worked with a rescue, and I'd foster cats/kittens.

Megan: Have you ever had dogs?

Sheila: Yes. There truly was a Dottie the Dalmatian in my life. She was my best friend for many years. I hated to see her pass. It broke my heart.

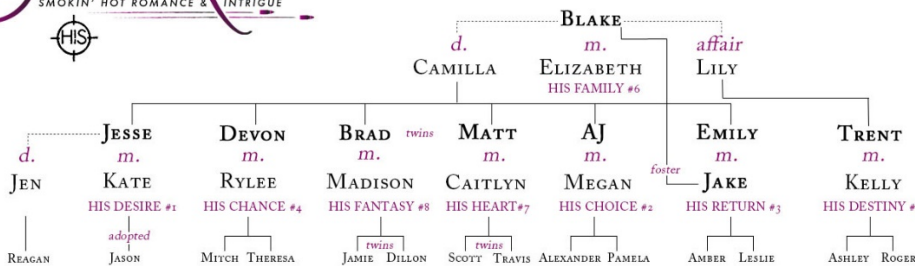
That's all I have for today. Expect an interview with Sheila every newspaper, as we have a lot to learn about her.



Picture caption: Author Sheila Kell



HAMILTON FAMILY TREE



Picture caption: The family tree of the Hamilton family to include children not in the books yet.

Guest Writer – Sheila Kell

Characters' Ages

The characters age as the books move along, but here are their ages during *HIS Heart*.

- Jesse: 35
- Reagan: 7
- AJ: 27
- Alexander “Ace”: 1
- Jake: 27
- Amber: 4
- Devon: 32
- Trent: 26
- Ashley: 5 months
- Blake: 55
- Matt: 30
- Brad: 30
- Kate: 28
- Jason: 14
- Megan: 27
- Emily: 23
- Leslie: 5 months
- Rylee: 31
- Kelly: 26
- Elizabeth: 47
- Caitlyn: 28



HIS HEART – Fallen Phrases



L L A E
I E D T H A N E D N C
A A G F H A N P S K C E N N S C H T O V Y
D P P N P U E I S A S E R O N D E A T L O R B T T

Try to rebuild the message.

The letters from each cell are below the puzzle.
Try to rebuild the original message by choosing the letters for each cell.

See puzzle answers on next page

Guest Writer – Helen McNabb

Matt Hamilton



Photo taken by Eric Battershell Photography

Personnel Profile

Age: 30
Birthday: June 12
Qualification: Navy Seal
Attributes: 6’2”, Jet black hair, Golden brown eyes, Twin of Brad
Skillset: Dedicated, determined, neutral expression, Gin rummy player
Sporting: NFL
Favorites: Food: Big ol’ Steak
Favorite Band: Kenny Chesney
Favorite Movie: The Third Man
Favorite Attributes (other POVs):
Calming nature (Jesse)
Peacemaker of the family (Family)

Favorite Quote: “The greatest weapon against stress is our ability to choose one thought over another” – William James

Guest Writer – Helen McNabb

Birthdays / Celebrations

November

Alexander
Reagan
Scott & Travis

Answers to puzzle

IN SHEILA KELL’S STORY OF
DANGER AND SECOND CHANCES, TWO
PEOPLE ARE CONNECTED BY A
PAINFUL PAST AND A LOVE THAT
IS THREATENED.

L L A E
I E D T H A N E D N C
A A G F H A N P S K C E N N S C H T O V Y
D P P N P U E I S A S E R O N D E A T L O R B T T



Reading order, but they don’t have to be read in order. It’s just more fun if you do.

Guest writer: Blake Hamilton

Stories of the family

As I sit down to Thanksgiving dinner, I wonder how much longer my children will allow us to join as a family. The larger their families grow, the more I worry they’ll want to begin their own traditions that don’t include me.

Before the food my wife and children have cooked arrives at the table, we have a family tradition that I won’t allow us to break. It started the first year I was alone with the kids. Our beautiful thanksgiving tablecloth is covered with black marker. Everyone old enough to write, pens what they are thankful for that year. The kids usually have something about a toy they received or something that just happened to them. The grown kids blanch at some of the statements they made as children.

My thankful statement always reads “My children.” Not that I’m not thankful to my wife, my supporters, and my friends, but my children are the most important thing to me. I guess now I should add “and my children’s children” but I can’t bring myself to break this tradition.

We have grown over the years. I have fourteen grandchildren – each of my children with two of their own children. Where has

the time flown? Already, there are pregnancies to add a third child to a family here and there. Will their families be as large as the one they grew up in? So many questions a parent has, especially at family times such as this.

We pray for another blessed year before I cut the turkey and we pass along the sides. Thanksgiving is a noisy affair, and I wouldn’t trade it for anything. After dinner, we’ll set up the family Christmas tree is my home. It still has all the ornaments the kids made over the years. Ah, traditions.

After everyone has left the table, I peruse their thankful statements. If someone hadn’t had thought to add the year to each thanks, I’d have no idea what was said each year. This year, I teared up as I read my children’s thankful statements. Sometimes parents wonder if they teach their children anything worthwhile, or if what they attempt to teach sticks with them. This year, each of my children’s statements read “My children.” I couldn’t be prouder of them.

Until next time....

Main story



Photo: Eric Battershell | Graphic: CT Cover Creations

Matt and Caitlyn Hamilton
Their interview with Megan Hamilton



Megan is an investigative reporter who has won numerous awards for her journalism. She is married to AJ Hamilton and has two children. They live in Baltimore, MD.

Megan Hamilton

I’m excited about this interview with my brother and his wife. They’ve had a lot going on in their lives.

Megan: “Tell us a bit about your life post-book.”

Caitlyn: “Well, we have the twins-Scott and Travis.”

Matt: “And, we’ve expanded Helping Paws.”

Caitlyn: “Oh yes, we’ve been able to expand, offering more services and more service members companion animals. Overall, life is great for us.”

Megan: “Any plans to expand the family past the twins?”

Caitlyn: “Yes.”

Megan: “That’s decisive. Any news we should know?”

Caitlyn laughs: “Not yet.”

Matt winks: “Not for lack of trying.”

Megan: “TMI, brother. TMI. Caitlyn, was there ever a time that Brad and Matt played the old switch-a-roo on you?”

Caitlyn: “No, I’ve always been able to tell which one was Matt.”

Megan grimaces: “I haven’t and the two used to fool me often. But this is about you two. Matt, have you ever regretted not going with the NFL?”

Matt: “Never. I wouldn’t have enjoyed it without Brad playing by my side. Besides, I wouldn’t give up the time I had in the SEALs for anything. Even with my injury.”

Megan: “We’re all so proud of you for doing what you did.”

Matt: “It was an honor.”

Megan: “What would you recommend to people looking for a second chance in their romance?”

“One needs patience to rebuild trust.”
-Matt Hamilton

Matt: “One needs the patience to rebuild trust.”

Caitlyn: “I’d agree. Trust is usually what was broken the first time and it won’t come back easily or quickly.”

Megan: “You two have one of the best marriages in the family. What is your one key piece of advice for a great marriage?”

Caitlyn: “Communication.”

Matt: “Communication.”

Megan: “Well, I guess you agree on that. AJ and I battle on that all the time, but we’d agree with you.”

Matt: “That’s because AJ is—”

Megan: “Be careful there, brother.”

Matt chuckles. “I was going to say he’s just our AJ.”

Megan: “Sure you were. Back to you two—”

Matt: “We’ve had enough of us. We’re good. We’re expanding the business. We’re going to have a large family. What more is there to say?”

Caitlyn: “Plenty, but I see we’re out of time.”

Megan: “You’re right. I’ll catch you again. Until next time...”